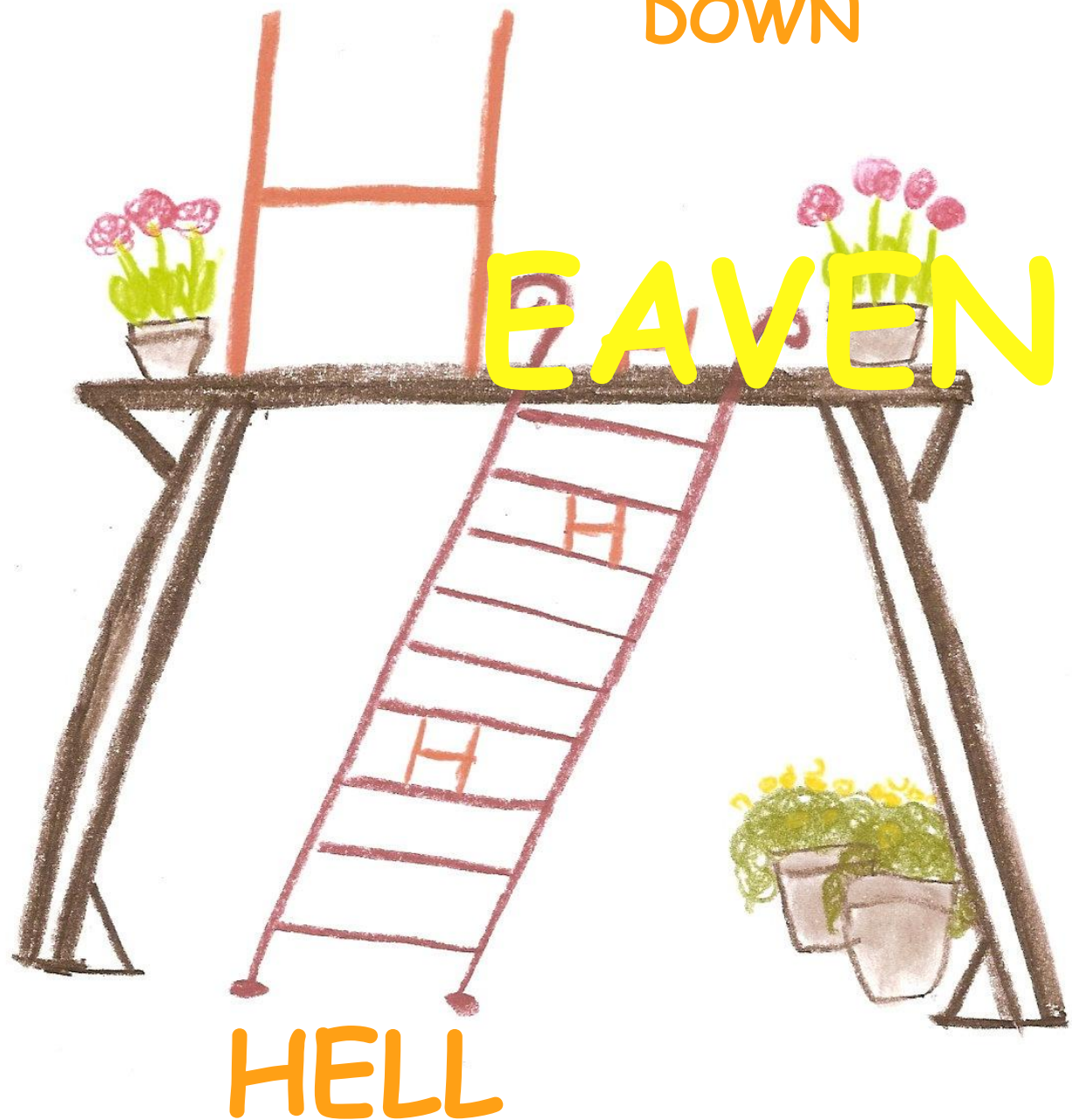


UP or

DOWN



Are you **up** or **down**
or spinning around
on the top of a shelf
or flying to hell

Is your heart filled with love
for your girl and **Him** above
and the love to yourself
oh - it's lying on the shelf

The **light** is the same
from the **sun** or the **flame**
so put the **light** on the shelf
and the **darkness** into **hell**

Springtime



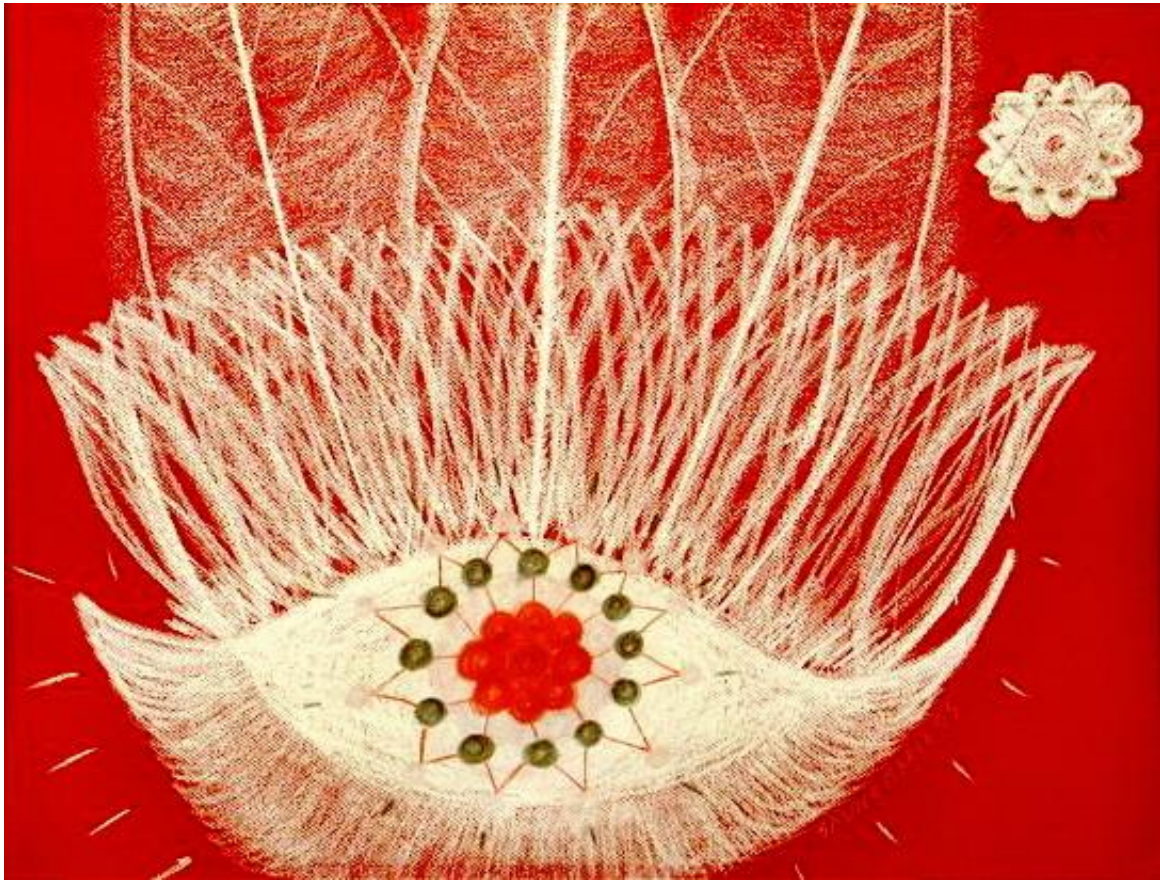
Springtime, springtime
what a feeling
scent of joy with laughter and fun
springtime, springtime oh, my darling
stay in my arms to the end of my time

Springtime, springtime
feeling of freedom
spreads to my heart, my spirit and mind
freedom, freedom sense the feeling
bring it deep down to my roots in the ground

Springtime, springtime
Bells are ringing
Larks playing softly in the sun
Sunshine, sunshine rays are unfolding
Spreads light from my heart, breathe it into your mind

Springtime, springtime
the light is shining
From your heart and deep into mine
The colour of your skin, faith and hometown
GOD does not care - for the light is the same

The Now



Be here
Be now
Only the Now lives

Be there
where you were before
And you will not be here

Be happy
Be sad
Laugh - cry
Love the Life

The now is all You have
right now
In this second

Take a deep breath
Feel the life - love
Day and night

Love beneath the wind

Love beneath the wind
Flies to me
Love is in the air
Flies to you

All around the sun
Birds appear
Bring love to the world
And fear disappear

When love comes to you
The sky is blue
Flowers rise in spring
and all year trough
Don't search for the darkness
Within the love
When you look for dark sides
They'll come trough
Yet you'll find sadnes
more than you'll find love
and your pains continue
and you'll stop your growth

Go inside your heart
Listen what's inside
Just feel the tenderness
Go only for the highest

Go inside your heart
And stay there it's your home
Listen to your heartbeat
And know you're not alone

Go inside your heartbeat
Feel you're not alone
Stay there every minute
Be one and still your own



New Life just passed away
Consciousness
From a Mother to a Child who was never born

You didn't know
What I know now
Love is a fragile thing
It just passed away

You decided to live in me
I decided to let you go

I didn't know
What you know now

I sent you away with love
It was a hard thing to do
So I just had to forget

I had to put you
Deep down into my mind
For many many years
You where gone with the wind
With the tears

But suddenly one day
You asked to come by
I didn't ask the question:
Why

You came through the colors
A painting from you to me
You showed me the way
To set myself free

I just know now
What you allways knew

The new love
Which lives inside of me
Comes from the love
Which just passed away
The day in 1981
When we said goodbye

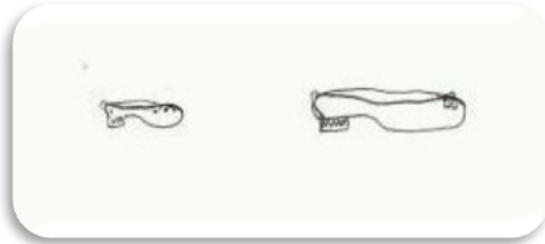


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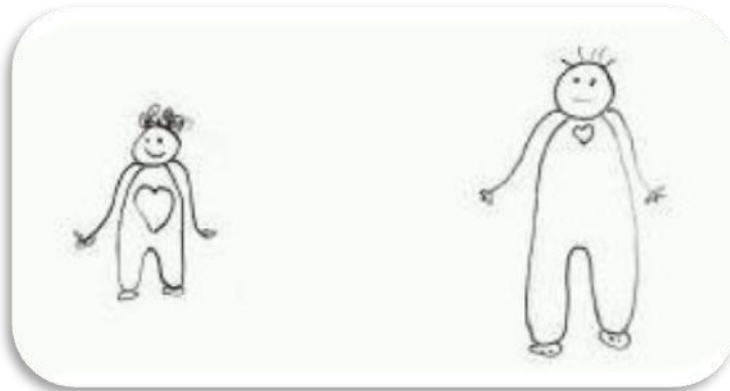
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As simple as that!

Small people walk in small shoes - big people walk in big shoes - as simple as that



Small people contains often a huge heart- big people contains often a tiny heart



Some must wear high heels to reach heaven - others are there already on their flat



Take the flat shoes on. Put the little shoes and the little heart in the big ones - together with the high heels and you'll find that *you're* already there!



What did Uglus heard?



Winter spring summer autumn winter
spring summer autumn winter
spring summer autumn winter
spring summer autumn and winter
winter spri.. - years

Uglus has faithfully waited
Finally, finally now
now
where the spring sun shines
although it is still winter cold
he hears the echo
he hears the final answer

You are free
free as a bird
the bird who flying high above the clouds

Carpe Diem

Da di da dum da dej
Da di da dum da dej

Come on - you just follow with me